



Cir/LP/46/09/2025

04 September 2025

*Dear Loving Sisters,*

*Loving and Prayerful greetings from Nongthymmai, Shillong!*



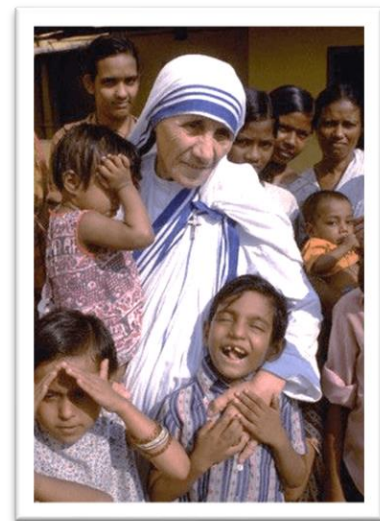
We begin the month of September with the celebration of the Season of Creation. In the book of Genesis 1:1 we read, “In the beginning God created the heavens and the earth” and in Gen. 1: 3 it is said, “*God saw everything that he had made, and indeed, it was very good.*” *It beautifully complements the Season of Creation.*

This Season of Creation is an invitation to rejoice in the goodness of God’s work, to repent for ways we have harmed it, and to renew our call as stewards of His creation. From September 1 to October 4 specially let us pray, act, and live in harmony with all that God has made both nature and human being.

*September 05 - A Twofold Celebration*

On 5 September we honour Mother Teresa and the teachers of our nation.

Mother Teresa a saint of our time her noble work with a poorest of the poor of the gutters is a challenge for all of us fmas to reach out to the young who are poor, miserable, misled many times and aimless. Mother Teresa did not begin with grand strategies; she began with small acts of love. She walked into the gutters, held the hands of the dying, and gave dignity to those society rejected. Her life reminds us that the most effective answer to misery and aimlessness is not theory, but presence, compassion, and genuine care. When we look at the young today, they too are facing the similar situations.



Our answer must be:

- **To reach out, not wait** – take the first step to approach, enter their spaces, listen to their stories.
- **To offer dignity** – treat them as capable, gifted, and worthy of respect.
- **To guide with patience** – young people need role models more than lectures.
- **To give meaning** – help them discover their purpose, talents, and the joy of serving others.

As Mother Teresa said: “Not all of us can do great things. But we can do small things with great love.” Our answer to the young poor, miserable, misled, and aimless is **to be present, to guide with love, and to offer them hope and meaning through small, consistent acts of care.**



Don Bosco believed that true education is not only about filling the mind, but also about shaping the heart. The *head* stands for knowledge, skills, and critical thinking – the tools young people need to face life with confidence. But the *heart* is about values, compassion, faith, and the ability to love and be loved. If we educate only the head, we may produce clever minds without conscience. If we educate only the heart, we may nurture good intentions without direction. But when *head and heart* grow together, we form young people who are wise, responsible, and deeply human. Don Bosco’s dream was to guide the young not only to succeed in life, but to become men and women of character, who use their gifts for others. His message to us is clear: **to teach is to touch lives, to educate is to transform them – with mind enlightened and hearts inspired.** Dear Sisters with these words I wish all of you A Happy Teachers Day!

### *September 08 - The Best Birthday Gift for Our Mother*

Birthday gifts are a common practice among all of us. When we celebrate the birthday of our Blessed Mother, what could be the best gift we can offer her? Surely, not flowers that fade, nor ornaments that lose their shine. The most precious gift we can place at her feet is a *worthy and committed life* – lived fully in our community and mission. Mary does not ask for riches, but for fidelity. She does not seek outward displays, but the quiet fragrance of a life lived with love, simplicity, and faith. By following her guidance and walking in her footsteps, we make her heart rejoice.

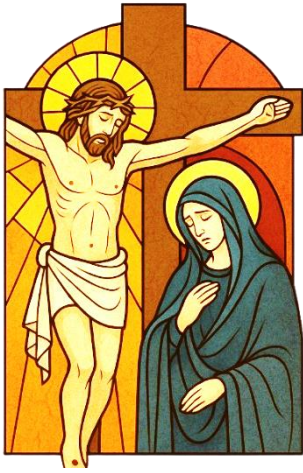


So dear sisters, let each of us prepare not just a single flower, but a *beautiful bouquet* for our Mother. A bouquet woven not of petals, but of our daily sacrifices, our loving service, our unity in community, and our faithful mission. This will be the most radiant and lasting gift we can ever offer her.

### *Exaltation of the Holy Cross and the Sorrows of Mary - we behold the mystery of redemption*

We celebrate the Exaltation of the cross on 14 and Our Lady of Sorrow on 15 September every year. We know that the Cross, once regarded as a symbol of defeat and shame, has become the greatest sign of victory, redemption, and eternal hope. It reminds us that no darkness is too deep, no burden too heavy, and no trial too overwhelming when we place it in God’s hands. What once appeared to be the end became the beginning of new life.

For the young, the Cross teaches courage. It tells you that even in moments of struggle, rejection, or uncertainty about the future, God can turn your challenges into stepping stones. Your dreams, your trials, and even your failures can be shaped into something beautiful if you trust Him.



For the elderly, the Cross offers peace. It reminds you that your sacrifices, your silent sufferings, and the wisdom gathered over the years are not in vain. In Christ, every pain and every act of love becomes part of a greater victory that leads to eternal joy.

For all of us, the Cross is not just wood and nails—it is the proof that love conquers all. It is the sign that death does not have the final word, and that no suffering offered to God is wasted. When we look at the Cross, we see not despair, but a promise: that every wound can be healed, every loss redeemed, and every trial transformed into triumph.

So let us carry our crosses with faith, knowing that in Christ, they lead not to defeat but to everlasting glory.

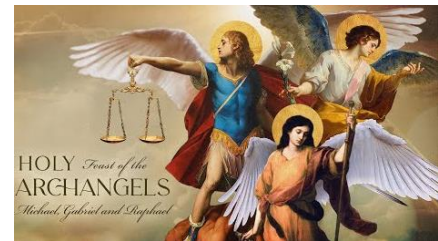
“At the foot of the Cross, Mary shows us the deepest lesson of love: to remain faithful even when our hearts are pierced with sorrow. She did not turn away from suffering but embraced it with courage, allowing her tears to become prayers and her silence to become strength. In her steadfast presence, we see that love is stronger than pain, and faith greater than fear. With Mary, we learn that every cross carried with Christ becomes a pathway to grace, and every sorrow offered to Him is transformed into hope. Her example is a great inspiration for us to trust, to love, and to believe that even in our darkest hours, God is at work bringing forth new life.”

### *September 29 - Feast of the Holy Archangels*

The Archangels Michael, Gabriel, and Raphael Walk with us each day, guiding, protecting, and healing us with God’s grace.

- **Gabriel** brings us the Good News from the Lord—blessed are we when we listen with open hearts and live by His Word.
- **Raphael** brings healing to our body, mind, and soul, renewing us in peace and wholeness.
- **Michael** stands as our mighty protector—guarding our families, communities, and Church, especially our young people, from the snares of evil.

Let us always invoke their presence and strength, trusting that God’s messengers are with us, now and forever.



## **Communications**

***Pilgrimage to Holy Land:** A large group of us will be going on a pilgrimage to Jerusalem to witness the Gospel we read. Please continue to keep us all in your prayers as we journey through the land of the Holy Family—Jesus, Mary, and Joseph.” We will start our journey on 12 September and return on 22 September 2025.*



*During my pilgrimage to Holy Land please contact Sr. Stella Potteparambil in case any need arises.*

## *Meetings:*

- ❖ Service Rules Book Meeting will be held on 23 September 2025 morning till lunch at Auxilium Dum Dum for all the animators and the principals.
- ❖ Profession-wise meeting, year 2001 – 2013, will be held from 03 to 06 October 2025 at Auxilium Dum Dum.

*Retreat and Initiation of Postulants:* Our candidates will be making their Annual Retreat at Auxilium Aspirantate from 03-07 October 2025. It will be preached by Rev. Fr. Prabhu Dayal Ekka SDB from Auxilium Parish, Gobra. On 07 October five aspirants Anjreeta Lakra, Nauri Kandulna, Sibandaris Khardewsaw, Subhashree Digal and Wilbinora Paliar will receive the Postulant's medal. Let us support them with our prayers.

## *Gratitude and Appreciation to:*

-  Formation Sector for animating the 13 August on the day of Commemoration of St. Mary Domenica Mazzarello with a special prayer animation sent through online.
-  Sr. Mary Ekka and the community of Auxilium Convent, Gorba for hoisting the NDF meeting on 20 - 21 August 2025.

## *Let us pray for our dear departed - Condolences to:*

- ✠ Sr. Meenakshi D'Silva and the Sisters of INB at the demise of Sr. Florie D'Mello on 11 August 2025.
- ✠ Sr. Margaret Ghosh at the passing away of her nephew aged 4+ on 16 August 2025.
- ✠ Sr. Aruna Kispotta at the demise of her nephew Binoy Prakash aged 36 on 26 August 2025.

*Let us continue to intercede before God for the needs of the province, the communities and the good health of all our sisters and the ailing members of our families, in particular Sr. Anna Ma Ma and Sr. Mercy Kachira.*

Dear Sisters,

As I conclude this circular, I would like to remind both you and myself that, like teachers and saints, we are called to nurture and guide the young people of our time. Like Mary and the Archangels, we are invited to protect and intercede; like the Cross, to embrace sacrifice with hope; and like Our Lady of Sorrows, to remain steadfast in compassion. May these celebrations inspire us to care for creation, uplift one another, and walk each day in faith and joy. Do continue to pray for us all, the provincials, as we have already begun our spiritual retreat on the third evening.

Yours affectionately in Our Lady,

Sr. Leelamma Palliparambil FMA  
Provincial