



Cir/LP/44/07/2025

04 July 2025

*Dear Loving Sisters,
 Loving greetings from the Provincial House, Dum Dum !*

We the FMA world specially rejoice at the appointment of Mother Chiara Cazzuola as the member of the Dicastery for Institutes of Consecrated Life and Societies of Apostolic Life on the memorable day, the 74th anniversary of the Canonization (24 June 1951) of Mother Mazzarello. We are inspired by Mother Chiara's acceptance and the expression of gratitude saying, *"I hope to be up to the mission that the Church asks of me. I will do it with all my heart on behalf of the Institute, and I thank you for the trust received."*

The Dicastery for the Institutes of Consecrated Life and the Societies of Apostolic Life promotes, animates, and regulates the practice of the evangelical counsels in the manner in which they are lived out in approved forms of consecrated life, as well as with regard to the life and activity of the Societies of Apostolic Life throughout the Latin Church. It is the duty of the Dicastery to approve the Institutes of Consecrated Life and the Societies of Apostolic Life, to erect them, and to grant a license for the validity of the erection by the Bishop of an Institute of Consecrated Life or Society of Apostolic Life under diocesan law. The Dicastery strives to ensure that the Institutes of Consecrated Life and the Societies of Apostolic Life progress in following Christ as proposed by the Gospel, according to the charism born from the spirit of the founder and the healthy traditions faithfully pursue their own goals and contribute effectively to the building up of the Church and her mission in the world.

In July 2025, the Holy Father's special prayer intention is for formation in discernment. This means praying for the ability to understand and choose paths that lead towards Christ and the Gospel, while rejecting anything that takes us away from them.

Let us now glance through the celebrations during this month and be revived in our commitments.

St. Thomas the Apostle - 03 July 2025

"My Lord and my God!" was proclaimed by St. Thomas the apostle after he had encountered the Resurrected Jesus. His doubt wasn't a rejection of faith, but a desire for certainty. His willingness to seek for proof led him to a stronger confession of faith. I would like to highlight the following three points from the life of St. Thomas:

The power of personal experience: St. Thomas experienced Jesus very personally. In response to Jesus'



announcement that Lazarus had died and that they should go to Bethany he said, "Let us also go that we may die with him" (Jn 11; 16). Like Thomas, who was willing to follow Jesus even unto death, we should be willing to stand firm in our faith and act courageously, even in difficult situations. We are indeed privileged to meet Jesus in our lives as we have weekly Lectio Divina, daily meditation and Holy Eucharist and other spiritual moments. These must help us to live a life of transformation. It must lead us to become more compassionate, self-giving, courageous, patient, joyful, peace-loving persons in the community and mission. In this way we can be His true witnesses and be worthy to proclaim His message of love.

The call to faith and trust: Jesus' call to Thomas was an invitation to leave behind the familiar and to trust in a divine purpose greater than immediate understanding. This initial call required faith—a willingness to trust in Jesus' mission and His teachings without fully understanding all that lay ahead. Thomas' response to this call reflected a willingness to step into the unknown, demonstrating that faith often begins with a trusting heart. The life of St. Thomas vividly illustrates the ongoing call to faith and trust. The call to trust involves surrendering uncertainties, embracing the divine plan, and committing oneself wholeheartedly to the Lord.

The missionary spirit: The missionary spirit of St. Thomas exemplifies a courageous, dedicated, and selfless commitment to spreading the Gospel to new lands and peoples. His journey to India and his efforts to establish Christian communities reveal a deep sense of divine calling, personal sacrifice, and love for Christ's mission. His life is an inspiration and encouragement for us who believe in Him to embrace our own missionary calling—whether locally or globally—with zeal, courage, and unwavering trust in God's grace.

As we celebrate the feast of St. Thomas, may we imbibe his missionary spirit and his strong faith, filled with deep love for Jesus which will move us also to be courageous in living our faith, willing to stand firm in the face of challenges, and be more committed in sharing the love of Christ with each other's and with all our recipients.

Precious Blood of Christ

The month of July is dedicated to the Most Precious Blood of Christ. Let us offer all our struggles to Him so that they may be get washed by His most precious blood and turned into moments of blessings.

The Precious Blood symbolizes redemption, mercy, and the divine hope that sustains us in times of darkness. Today, in our world, we witness widespread suffering, division, and despair—challenges that echo the wounds Christ bore and the redemptive power of His Blood. Just as His Blood poured out on the Cross offers us forgiveness and renewal, we are called to be vessels of His love, compassion, and reconciliation in our communities. Let us draw inspiration from this devotion to bring light into the darkness, to heal wounds, and to serve with unwavering faith, trusting that His Precious Blood continues to sanctify and transform the world amid present struggles.



Blessed María Romero Meneses - 07 July 2025

Who doesn't know the life of blessed Maria Romero, the vibrant, enthusiastic FMA of our time? Today I want to specifically emphasize an incident that happened during her school days where she places her complete faith and trust in the Madonna and that will be of great help for each one of us as we pursue in the path of holiness. In 1914, when she was 12, María fell ill with rheumatic fever that paralyzed her for six months. It was a source of trial and suffering that made her miss a year at her beloved school. During her trial, she already showed a mature faith, character and will. She called her sufferings "gifts of God." When a doctor informed her that her heart had been seriously damaged, she did not complain, but put her confidence for a complete recovery in Our Lady, Help of Christians. To a school friend who visited her, she said after receiving heavenly guidance, "I know that the Blessed Virgin will cure me." A few days later, María returned to school in good health. Many were in disbelief that she had been miraculously healed.



On December 8, 1915, María joined the Marian association "Daughters of Mary." She offered herself with great confidence to the Mother of God. The Salesian spiritual director Don Emilio Bottari helped her discern her vocation and recorded her mystical experiences. In 1920, at the age of 18, María joined the Daughters of Mary. Fr. Emilio Bottari gave her a prophetic recommendation: *"Even though difficult moments will come and you will feel torn to pieces, be faithful and strong in your vocation."* For María, these words sustained her for the rest of her life. As we face the daily challenges in our lives let us learn from her and remain united with the Lord.

Grand Parent's Day - 27 July 2025

As we celebrate the Grand Parent's Day on 27 July 2025, it reminds us of our Papa, Late Francis who initiated this feast in the Church in 2021. This day is great and is an opportunity to turn to the elderly who can enlighten our lives:



Recognizing a Vital Role: The day highlights the unique contribution of grandparents in transmitting human and religious values, wisdom, and family history to younger generations.

Strengthening Family Bonds: It encourages families to come together, celebrate, and appreciate the presence of their elders, reinforcing family connections and creating cherished memories.

Addressing Loneliness: Pope Francis established the day in part to address the loneliness that many elderly people experience, emphasizing that the Church cares for them and does not want them to be alone.

Passing on the Faith: Grandparents are seen as important evangelizers and conduits for passing on the faith to their grandchildren. They offer a unique perspective and can be role models of faith.

Spiritual Reflection: The day is often celebrated near the feast of Saints Joachim and Anne, the grandparents of Jesus, reminding the faithful of their example of faith and trust in God.

Pastoral Care: The day also serves as a reminder of the need for pastoral care for the elderly, emphasizing that no one is saved alone and that the Church should treasure the wisdom passed down through generations.




The little ways of St. Alphonsa - 28 July 2025

St. Alphonsa is known as the "Little Flower of India" because of her humble, gentle nature and her deep devotion to God, much like the way the Little Flower, St. Thérèse of Lisieux, is admired for her simplicity and piety. Despite facing many hardships and suffering, she remained steadfast in her faith and love for Jesus. Her life was marked by humility, compassion, and unwavering trust in God's love, qualities that endeared her to many. Her devotion and her example of enduring suffering with faith earned her the nickname "Little Flower of India," symbolizing her purity and saintly virtues in the hearts of millions.





St. Alphonsa's life of humble suffering and unwavering faith offers a powerful reflection for today's world, which is often marked by tragedy, violence, and chaos. Her endurance through physical pain and hardship remind us that even amid suffering, faith and hope can flourish. In the face of global tragedies like the plane crash in Ahmedabad and ongoing conflicts and wars, her life inspires us to find strength through prayer, compassion, and resilience. Just as she bore her suffering with patience and trust in God's plan, we are reminded that suffering can be a path to spiritual growth and unity. Her example encourages us to stand firm in faith, to support one another in times of crisis, and to seek peace and healing in a troubled world.

Congratulations!

-  To Rt. Rev. Sonatan Kisku, who was Consecrated Auxiliary Bishop of Dumka, on the Feast Day of St. Anthony of Padua 13 June 2025.
-  To Mother Chiara Cazzuola on her appointment as the member of the Dicastery for Institutes of Consecrated Life and Societies of Apostolic Life by the Holy Father Pope Leo XIV on 24 June 2025.
-  To Rt. Rev. Elias Frank, Bishop of Asansol, on his appointment as the Coadjutor Archbishop of the Archdiocese of Calcutta on 28 June 2025.

Communications

-  On Friday 20 June 2025 morning together with Sr. Teresa Adampakallel and Sr Minimol Chettayil I met the Archbishop of Delhi, Most Rev. Anil Joseph Thomas Couto. He gave us his blessings and approval for our educative mission at Najafgarh. Thanks for praying for this intention.
-  On 23 June 2025, Sr. Clara Saminathan, Sr. Minimol Chettayil, Sr. Anna (Valsa) Kallirikumkalayil, and I met with the Bishop of Bareilly, Rt. Rev. Ignatius D'Souza, to explain the situation of our house in Bareilly and to present a letter requesting its closure. The Bishop

read the letter twice and he said that he will do the needful as per our request regarding the house as well as for the boarding. He also shared with us the potential difficulties the diocese might face should we withdraw from the cantonment area. In obedience to Church authority and for the greater good of the Catholic Church in Bareilly, we accept the will of God as revealed to us through the Bishop. With renewed commitment, we will continue our mission with greater enthusiasm - for His glory and the salvation of souls.

🌸 Sr. Preety Kullu and Sr. Rimeka Nongtdu will leave for Guwahati and Sr. Mariyana Oliva Lakra and Sr. Ursula Kujur will leave for Shillong on 10 August 2025 for their intensive Juniorate which will commence on 13 August 2025 at Auxilium provincial House, Guwahati and Auxilium, Nongthymmai respectively. We wish them God's blessings and an enriching experience.

🌸 The postulants' medal ceremony will take place on 07 October 2025.

Meetings and Seminars

- ❖ The 25 Sisters in the province have joined the Online Theology Course that has started from 23 June 2025:

<i>Online Diploma in Theology 2025 - 2026</i>		
		17. Sr. Priyanka Pradhan
1. Sr. Aruna Paulsamy	9. Sr. Lily Syngkli	18. Sr. Rashmi Madhuri Minz
2. Sr. Anandina Dung Dung	10. Sr. Lucy Tirkey	19. Sr. Shanti Lakda
3. Sr. Bridgit Chettri	11. Sr. Martha Minj	20. Sr. Shirley Kalapurayil
4. Sr. Delphina Bag	12. Sr. Mini Mary Putharickal	21. Sr. Siljera Marak
5. Sr. Elina Minj	13. Sr. Nayna Agatha Kujur	22. Sr. Sumitra Ekka
6. Sr. Kanti Tirkey	14. Sr. Nilam Kindo	23. Sr. Sushma Kerketta
7. Sr. Karuna Kanchan Bara	15. Sr. Pramila Ekka	24. Sr. Suzan Maria Luiz
8. Sr. Lily Prumpettikunnel	16. Sr. Premika Tirkey	25. Sr. Udit Tirkey

Some changes in the Provincial Team

<i>Outgoing and incoming team members</i>		<i>Zonal level outgoing and incoming vocation coordinators</i>	
Formation Sr. Kispotta Shradha	Sr. Veliyan Rosy Sr. D'Souza Lily Sr. Potteparambil Stella	Chhattisgarh Sr. Ekka Sumitra	Sr. Marak Siljera
Yar Sr. Xalxo Anima	Sr. Tirkey Anand	Jharkhand Sr. Minj Sosan	Sr. Minj Abhai Kishori
Social Ministry Sr. Tirkey Anand	Sr. Xalxo Anima	Delhi Sr. Ekka Maria Goretti	Sr. Minj Sosan
Vocation Pastoral Sr. Torcato Dorothy	Sr. Phawa Aquila		

Changes in Provincial councillors responsible for the province team

Formation	Sr. D'Souza Lily	Integral Ecology	Sr. Chettayil Minimol
Education Salesian Family	Sr. Potteparambil Stella	S. Communication Youth Pastoral	Sr. Phawa Aquila

Outgoing Newsletter Editor & Co-editor

Sr. Lily Perumpekkunel

Sr. Rosy Veliyan

Incoming Newsletter Editor: Sr. Clara Saminathan

I extend my sincere appreciation and gratitude to the outgoing members of the mentioned department and assure God's blessings to the newly appointed members.

Gratitude and Appreciation to:

🌸 Thanks to Sr. Ashalatta Kerketta and the community of Palam Gaon for preparing the novena to the Sacred Heart of Jesus and helping the sisters to prepare well for the feast.

🌸 Thanks to Sr. Alice Chacko, the PCI president for organizing the online meeting on 16 and 23 June 2025. My sincere thanks to all the PCI provincial and the participants of the meetings.

Let us pray for our dear departed - Condolences to:

✠ Sr. Margaret Devadoss and the sisters of Madras province at the demise of Sr Jacintha Abraham (75) on 14 June 2025.

✠ Sr. Valsa at the passing away of her paternal aunt Mrs. Eliamma Xavier 72, on 16 June 2025

✠ Sr. Gertrudes Ditching and the sisters of Cambodia-Myanmar province at the demise of Sr. Mary Khin Myint on 16 June 2025.

Let us continue to intercede before God for the needs of the province, the communities and the good health of all our sisters and the ailing members of our families.

Dear Sisters,

As I conclude my circular I would like to thank you for your support, prayer and loving service to the people of God. Let us give more importance to the key aspects of our religious life: Vows and Commitments, Community Living, Spiritual Practices, as well as Mission and Service. I am sure by giving our 100% we make ourselves worthy of our call like St. Thomas the apostle.

Yours affectionately in Our Lady,

Sr. Leelamma Palliparambil FMA

Provincial

Congratulations!
Dearest Mother Chiara

