



Cir/LP/49/12/2025

01 December 2025

*Dear Loving Sisters,
 Loving and Prayerful greetings from the Provincial House, Dum Dum !*

We stand at the threshold of the New Liturgical Year the “Advent”. It’s the rhythm of intense watching, waiting, reconciling, and welcoming the Lord Jesus Christ. It invites us to recognize His presence in every person we encounter, preparing our hearts to experience His love, peace, compassion, and joy.

Watching: for the subtle ways His light breaks into our daily lives. It’s a period of hopeful waiting, reflection and spiritual growth.

Waiting: for the promised Messiah, Jesus Christ, for His message of love, hope and salvation. It’s a time to reflect on basic human values preparing our hearts to receive Him in every person and events with much joy and enthusiasm.

Reconciling: A time to amend, restoring relationships and finding peace. It’s about reflecting on our actions, seeking forgiveness and striving for inner peace and harmony with others, so that we may be ready to welcome Jesus into our daily lives.

Welcoming: Opening our hearts and lives to Jesus, making space for his love, light and teachings. It’s about embracing his presence, values and message and sharing that warmth with others.

Reflecting the true spirit of Advent we are called to:

- Deepen our personal prayer and cultivate silence in our hearts
- Renew our commitment to the poor and forgotten
- Reconcile with one another in our communities, families and apostolates
- Open ourselves to the surprising ways in which God enters our lives



The great Apostle of India



The Apostle of India and a great missionary St. Francis Xavier shines out as a giant Saint. His passion was only souls and his approach was revolutionary - he learned local languages, respected customs and translated Christian texts, making the faith more accessible. Today he stands out as a challenging person for all of us especially who have left everything and everyone to follow Christ Crucified. He was noted for his life of total commitment to the Lord and for His mission. He left for us his ways of:

- Love and compassion: Treat all with kindness, respect and dignity.
- Faith and service: Serve others especially the marginalized as a way to express faith.
- Humility and simplicity: Embody Christ's values through simplicity and service.
- Cultural sensitivity: Respect local customs and languages to spread God's message.
- Prayer and reflection: Nurture a strong prayer life to guide actions.

Let us celebrate his feast with a renewed spirit of zeal and joy to serve the Lord and His people.

Mary the Immaculate Help of Christians

The Feast of the Immaculate Conception of Mary holds deep significance for us. It was on this day that our Father and Founder, Don Bosco, began his mission among the youth. On 8 December 1841, Don Bosco met Bartholomew Garelli in the sacristy of St. Francis of Assisi Church in Turin, Italy. This encounter marked the humble beginnings of Don Bosco's work with young people, especially the poor and abandoned and laid the foundation for the Salesian Oratory and Mission.



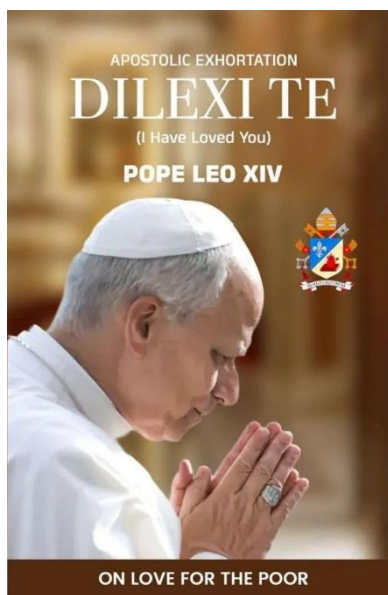
As daughters of Mary Help of Christians, we are called to be the crown of beauty to the living monument that Don Bosco established. Let us, therefore, keep in mind the lessons Mary imparts through her virtuous life and strive to live in accordance with her example.

Mary conceived without sin shows us God's loving plan in our life.

Mary's sinless life inspires us to strive for holiness in our thoughts, words and deeds.

Her "yes" to God teaches us trust and surrender to the Lord in all circumstances.

Mary our spiritual mother guides and protects us is the assurance in the challenges of life.



The essence of this month is the celebration of Christmas—the profound mystery of *Emmanuel*, “God-With-Us.” In this light, the Apostolic spirit expressed in the exhortation *Dilexi Te* (“I Have Loved You”) takes on a deeper meaning. Christmas reveals the God who does not love from afar but enters our humanity, walks with us, shares our burdens, and transforms our history from within. *Dilexi Te* becomes not merely a divine statement but a lived reality in the birth of Jesus: love made flesh, love choosing proximity, love choosing vulnerability. This Apostolic Exhortation of Pope Leo, was signed by him on 04 October 2025. The pope further says that God’s love always invites a response. Not simply in words, but in a way of living. If God has loved us first, then our task is to let that love shape our daily life. What does that look like? It means choosing kindness when harshness is easier. It means forgiving even when the wound still hurts. It means listening when we would rather react, and helping

someone who cannot repay us. These small everyday acts become the concrete expression of God’s love flowing through us. God’s love calls us be honest: life is not without suffering. We all carry crosses — worries for our families, sickness, loneliness, misunderstandings, financial

hardships, political barrier etc. But even here, *Dilexi Te* speaks. God does not promise a life without struggle; He promises His presence within the struggle. “I have loved you”—and therefore I walk with you. When we face burdens, we do not carry them alone. His love strengthens us, supports us and gives meaning even to our pain. My dear sisters, this is exactly the message of Christmas. In the manger at Bethlehem, Love became flesh—small, fragile, reachable—so that no one would ever again feel abandoned or forgotten. Emmanuel “God-with-us,” not just in the joyful moments, but especially in the cold stables of our struggles, our fears and our daily worries.

On Christmas, God enters our human story to walk beside us. He does not remove life’s difficulties; instead, He fills them with His presence. The Child in the manger is the God who whispers: “I have loved you—and I am with you always.” So today, let us ask for this grace: To recognize God’s love each morning, to trust His love in our suffering and to share His love with those we meet. If we live this way—loving simply because we have been loved—then our families, our parishes, schools, boardings, mission centres and our communities will become places where Christ is truly present. May we always hear God whispering to our hearts:

“Dilexi Te—I have loved you.”

And may our lives respond: **“Lord, because You have loved me, I will love others.”**

Communications

Congratulations

We joyfully extend our heartfelt congratulations and best wishes to Fr. Edward Baretto on his appointment as Coadjutor Bishop Elect of Darjeeling by Pope Leo XIV on 29 November 2025.

Welcome Back!

Sr. Annie Thevarkunnel will be returning to the province after her dedicated service in Israel as well as at the Generalate. We extend a hearty and warm welcome to her and she will join community of Auxilium Holy Child Vasant Vihar.

Celebration and Meeting

- ❖ St. Maria Troncatti’s sainthood was celebrated together with the Salesian family in Delhi region at Holy Child Vasant Vihar. Fr. Davis Maniparamben SDB, the provincial of Delhi together with 24 other priests presided over the Holy Mass.
- ❖ The Sainthood of Maria Troancatti will be celebrated at Province level at Auxilium Bandel on 29 December 2025. The Holy Eucharistic Celebration will be presided over by Rev. Fr. Cletus D’Souza SDB, the director of catechetics at Don Bosco, Nitika.
- ❖ There will be a seminar on Salesian Assistance for all the retreatants on 30 of December 2025.

Spiritual Retreat

The 48 sisters of the province will be making their spiritual retreat at Auxilium, Bandel from 30 December 2025 to 06 January 2026. It will be preached by Rev. Fr. Roy Anthony Parackal SDB from Shillong province. Let us send prayers ahead and implore the outpouring of the Holy Spirit on the preacher and the sisters.

House blessings

- ✚ The blessing of the Sister's new residence at Auxilium Convent, Barasat will take place on 08 December 2025.
- ✚ The blessing of the Sister's new residence at Vicuna Nivas Jumaikela will be held on 13 December 2025.

Gratitude and Appreciation to:

- 🌸 Sr. Lily Perumpettikunnel for coordinating the juniors meeting and to the community of Auxilium Dum Dum for seeing to all their needs.
- 🌸 Sr. Lily D'Souza and the novitiate community, Sr. Innocentia Jojo and the Mazzarello community for arranging everything so efficiently for the Provincial Council meeting
- 🌸 Sr. Nirmala Tigga and the Community of Kurseong for hoisting the FMA PCI Social Communications Sector Province Media Coordinators' Updating Course 2025- '26 from 13 – 15 November 2025.
- 🌸 Sr. Margaret DJ the provincial of INM and the sisters for hoisting the PCI meeting from 26 - 27 November 2025.

Let us pray for our dear departed - Condolences to:

- ✚ Sr. Sandhya Minj whose grandmother Mrs. Albina Lakra (89), was called to eternal life on 01 November 2025.
- ✚ Rev. Fr. Provincial and the Salesians of Panjim Province (INP) at the demise of Br Frederick D'Souza SDB (88) on 02 November 2025.
- ✚ Sr. Rosina Thomas at the demise of her sister-in-law Mrs. Rosakutty (84), on 07 November 2025.
- ✚ Fr. Provincial and the SDBs of Shillong province at the passing away of Fr. Mathew Parackatte on 07 November 2025.
- ✚ Fr. Provincial and the SDBs of Bombay province at the demise of Fr. Mathew Thalanany on 22 November 2025.

Let us persevere in our prayers for the intentions of our province and communities, entrusting to God the health and well-being of our sisters and the sick members of our families.

Dear Sisters,

As our journey towards Christmas commences in tranquility, prayer, and thankfulness, let us remember that God took the human form of a simple, poor, and ordinary being. This was the greatest way God showed his love for the human being by sending His only begotten Son. Christ incarnated in love for the poor, in caring for the sick, opposing slavery, defending women who experience exclusion and violence, making education available to all, accompanying migrants, charitable giving, working for equality, and more. "I have loved you" is a reminder of one of the greatest truths of our faith: God loved us first. Before we spoke a word before we made a choice, before we took our first breath, God's love was already surrounding us. His love is not something we earn; it is a gift freely given out of Love. Therefore, let us live it and share it with others.

Yours affectionately in Our Lady,

Sr. Leelamma Palliparambil FMA
Provincial

**“For unto you is born this day
in the city of David a Saviour,
who is Christ the Lord.”**



**Come Let Us
Aore Him!**